

Mental Health Community Resources

**Call 9-1-1, Call SFSU DPS, or go to the nearest Emergency Room
If you are having an immediate life-threatening emergency.**

- a. Westside Crisis.** 245 11th St. (at Kissling) San Francisco, CA 94103, call 415-355-0311 or fax 415-431- 1813 for more information. Drop in M-F 7:30 am-4pm., closed 12pm -12:30pm for lunch. Patients must be 18+, SF Resident, and without private insurance. English, sometimes Spanish. If the situation is not an emergency but you think it may become one, please call the Department of Public Health's **24-Hour Access helpline: 415.255.3737**
- b. OMI Family Center.** 1701 Ocean (at Faxon). **Call 415-452-2200.** For all San Franciscans aged 3-59. Open from M-F 8:30am - 5:00pm. Group, family, and individual counseling, case management, medication management, information, and referrals. O\$-full bill. English only.
- c. San Francisco County Access Line (Community Behavioral health Services—(CBHS). (888) 246-3333 (toll-free) or 415-255-3737 (24-hour hotline).** Call for authorization and access to all mental health services offered by the City of San Francisco.
- d. California Pacific and Sutter Health's Psychiatry Services** 2340 Clay Street, San Francisco. For more information or to make an appointment please call **415-600-5959**. For more information visit [Sutter Health Behavioral Health](#)

If you think you might be eligible for County Mental Health Services, call County Mental Health Access: (415) 255-3737 or 1-888-246-3333 or TDD 1-888-484-7200

If you are in emotional crisis, your options are:

Before 5 pm: call the Westside Crisis Clinic at 415-355-0311.

After 5 pm: call Psychiatric Emergency Services, San Francisco General Hospital at (415) 206-8125 or go to the closest emergency room.

Suicide Prevention & Mental Health Crisis 24/7 Hot Line

415.781.0500

Mental Health Access Programs

County Contact Information

(Some website info included, but BEST to CALL and speak to staff)
CAVEAT: Every County has its own eligibility criteria & Variety of services offered to its residents

Referrals

County	Additional Information <u>County Mental Health Access Programs</u>
Alameda 1-800-491-9099	Medi-Cal Insurance or no insurance only (sliding scale)
Contra Costa 1-888-678-7277	Contra Costa Medi-Cal & No insurance only
Marin 1-888-818-1115	Call to answer questions about services, arrange appointments and make referrals
Napa 1-707-259-8151	Medi-Cal & No insurance only.
Sacramento 1-888-881-4881	Medi-Cal & No insurance only; over-the-phone assessments available
San Francisco 1-415-255-3737	Services for those who receive Medi-Cal benefits, San Francisco Health Plan members, and to other San Francisco residents with limited resources; Patient has to make intake call; staffed 24/7
San Mateo 1-800-686-0101	Medi-Cal & No insurance only Call for information, an assessment and a referral based on individual needs
Santa Clara 1-800-704-0900	Medi-Cal insurance & no insurance only
Solano 1-800-547-0495	Medi-Cal & no insurance only (sliding scale) for seriously ill & chronically mentally ill only
Sonoma 1-800-870-8786	Medi-Cal insurance only; provide assessment, linkage, and information and referral for mental health services for children, youth, and adults.