

Southern California Sliding Scale Counseling Clinics

*Sliding fee scales & languages at each location are subject to change.

(Last updated: March 2020)

USC Psychology Services Center

3620 S. McClintock Avenue, SGM 1030
Los Angeles, CA 90089 - (213) 714-1600

<https://dornsife.usc.edu/usc-psc>

- Services: Individuals, Couples, Family, Group
- Fees: \$20 assessment; Sliding Scale appts.
- Psych Assessment: \$500.
- Hours 10am-8pm, M-Th; closed university holidays

Pepperdine University - West LA Community Clinic

6100 Center Drive; Los Angeles, CA 90045
(310) 568-5752

<https://gsep.pepperdine.edu/about/clinics/west-los-angeles/>

- Services: Individual, Couples, Family, Group and Educational Assessment
- Fees: \$15-\$90; average \$35. Intake: \$25
- Hours:

Pepperdine University - Irvine Community Clinic

1811 Von Karman Avenue; Irvine, CA 92612
(949) 223-2570

<https://gsep.pepperdine.edu/about/clinics/irvine/>

- Specialty: Substance Use, Domestic Violence, Grief, Postpartum Depression, Single Parenting
- Services: Individual, Couples & Group therapy
- Fees: Sliding scale; call for rates.
- Hours:

Pepperdine University - Encino Community Clinic

16830 Ventura Blvd., #200; Encino, CA 91436
818.501.1678

<https://gsep.pepperdine.edu/about/clinics/encino/>

- Services: Individuals, Couples, Family & Group.
- Fees: Sliding scale
- Hours: M-F; evenings available.

Los Angeles LGBT Center

1625 N. Shrader Blvd., LA, 90028; 323-993-7500

<https://lalgbtcenter.org/health-services/mental-health/>

- Services: Individuals, Couples, Groups
- Groups: Harm Reduction, Substance Use
- Fees: Based on income; MediCal Accepted
- Languages: English, Spanish
- Hours: Contact for Appts.

Wright Institute Los Angeles

11845 W. Olympic Blvd., Suite 505W; LA; 90064

www.wila.org / (424) 371-5191

- Services: Individuals, Couples, Family & Group
- Specialty: Mental Health Stigma, Sexual Assault, Social Justice
- Fees: Sliding scale determined at intake
- Languages: Call to inquire
- Hours: 8am-9pm M-Th, 8am-5pm F

Pacific Clinics

Los Angeles, San Bernardino, Orange, Ventura

www.pacificclinics.org / 877-722-2737

- Specialty: MH, Substance Use, Employment, Housing, Head Start - Case Management Services
- Services: Individuals, Couples, Family –all ages
- Fees: Sliding Scale / Low Income
- Specialties: Latino, API, Armenian Communities

Open Path Collective - Los Angeles

<https://openpathcollective.org/city/los-angeles/>

Sliding scale: \$30-\$60 Individual; \$30-\$80 for couples or family/must start paying \$59 lifetime membership fee
Various locations throughout Los Angeles.

Southern California Counseling Center

5615 W. Pico Blvd., Los Angeles, 90019

323.937.1344 / www.sccc-la.org

- Services: Individual, couple, family, group, psychiatry (current clients only)
- Fees: Intake \$20; sliding scale \$15-\$90
- Languages:
- Hours:

Center for Community Counseling and Engagement

4283 El Cajon Blvd. Suite 215; San Diego, CA 92105

(619) 594-4918

www.centerforcommunitycounseling.org

- Services: Individual, Couples, Family & Group
- Fees: Sliding Scale
- Languages: Spanish
- Hours: M-Th 9A-8P; F 9A-4P

Center for Mindful Relationships

2333 1st Avenue, #203; San Diego, CA 92101

(619) 354-1005

<https://cfmrsandiego.com/>

- Specializes in : Grief, Family/Friend MH support, DV support
- Services: Individual, Couple & Group therapy
- Fees: Sliding scale \$40+
- M-F: 9A-9P; Sa: 9A-3P

Narrative Initiatives - San Diego

James Goodrich Whitney Clinic

3636 5th Avenue; San Diego, 92103, 619-786-7184

<https://www.nisdccounseling.org/>

- Services: Individual, Couple, Family, Group
- Languages: Many; call for list.
- Fees: \$25-\$50/session.
- Hours: 8A-9P M-F; 8A-6P Sa

Imperial Beach Community Clinic

1016 Outer Road; San Diego, CA 92154

(619) 429-3733; www.ibclinic.org

- Services: Individual, Groups, Psychiatry
- Fees: Sliding scale \$35+ / MediCal and many insurance plans
- Languages: English, Spanish

San Ysidro Health Center

905 S. Euclid Avenue; San Diego, CA 92114

619-662-4100

<http://www.syhc.org/services/behavioral-health/>

- Services: Individual, Couples, Family & Group therapy; substance abuse, case management
- Fees: MediCal accepted; affordable sliding scale.
- Languages: Spanish, Mandarin
- Hours: 8am-5pm, M-F

Olive Branch Counseling

4041 Brockton Ave; Riverside, CA 92501

909-989-9030; obcc@olivebranchcounseling.org

- Services: Individual, Couples and Family & Group therapy- all ages
- Fees: Many Insurance Plans Accepted; sliding scale as needed. Website for details.
- Languages: English and Spanish
- Hours: 9am-8pm M-F; Sat 9-5p

MediCal Mental Health Access Lines

San Bernardino County: 888.743.1478

Los Angeles County: 800-854-7771

Imperial County 800-817-5292

Orange County 855-OC-LINKS

Riverside County 951-358-4700

San Diego County 888-724-7240