

San Francisco Sliding Scale Counseling Clinics

*Sliding fee scales & languages at each location are subject to change.

(Last updated: January 2020)

Access Institute

110 Gough St., (415) 861-5449 ext. 380

www.accessinst.org

- Services: Individuals, Couples, Family & Group Psychological testing-adults, Psych-Ed testing-youth, Diagnostic testing-all ages.
- Case Management for all; residency not required
- Psychiatry for patients in therapy at Access.
- Fees: Sliding scale \$35-\$115 for Individual & Couples; \$20-\$50 for group & some no fee services
- Languages: Spanish. Call for others.
- Hours 8am-8pm, M-F

Blue Humming Therapy

Various location in SF, Berkeley, Oakland, San Mateo (SF locations listed-see website for other bay area locations)

447 Sutter St. Suite 400

4153 24th Street

3150 18th Street

3107 Fillmore St.

(415) 343-4660

<https://www.bluehummingtherapy.org>

- Specialties: BHT Stress Management, EMDR, Expressive Art Therapy,
- Services: Individual, Couples & Family—all ages
- Fees: Sliding Scale.
- Insurance: Aetna, Beacon, Cigna
- Languages: English, Japanese, Spanish, Chinese, Russian, and Tagalog
- Hours: 7 days a week by appt.

Center for Mindful Psychotherapy

Various locations SF & Bay Area (Oakland, Berkeley, Palo Alto, & other satellite locations)

(415) 766-0276 intakes@mindfulcenter.org

<https://mindfulcenter.org/Services>

- Specialty: Holistic & Mindful Approach
- Services: Individual, Couples & Group therapy
- Fees: Sliding scale
- Languages: Call for availability
- Hours: 8am-9pm, 7 days a week

CIIS Pierce St. Integral Counseling Center

2140 Pierce St.. (415) 776-3109

www.integralcounseling.org

- Services: Individuals, Couples, Family & Group therapy-all ages
- Groups: Periodic groups.
- Fees: Sliding scale

- Languages: Portuguese. Call for others.

- Hours: 8am-9pm, M-F; Wknd 8-5pm

CIIS Golden Gate Integral Counseling Centers

507 Polk St. Suite 450, (415) 561-0230

www.goldengatecounseling.org

- Services: Individuals, Couples, Family & Group therapy--all ages
- Groups: Consult Website
- Fees: Base fee \$125, but offer sliding scale based on net income (\$25 lowest)
- Languages: only English currently
- Hours: 8am-9pm, M-F; some wknd

CIIS Church St Integral Counseling Center

1782 Church St. Clinic, (415) 648-2644

www.integralcounselingcenter.org

- Services: Individuals, Couples, Family & Group therapy--all ages
- Fees: Sliding scale \$20+\$100 (\$25 intake fee)
- Languages: Spanish, Mandarin +many other languages- call to inquire
- Hours: 9am-9pm M-F, Wknd 9-5pm

CIIS Center for Somatic Psychotherapy

312 Sutter St., Suite 410

(415) 217-8895

www.somaticpsychotherapycenter.org

- Specialty: Conventional and body-oriented counseling & psychotherapy
- Services: Individuals, Couples, Family --all ages
- Fees: Sliding Scale
- Languages: call for availability
- Hours: 8am-9pm, 7 days/week

CIIS Psychological Services Center

507 Polk St. Suite 420, (415) 346-1011

www.psychservicescenter.com

- Services: Individual, Couples, Family & Group therapy--all ages
- Fee: Sliding scale-Individual \$25; Couple \$45; Psychological assessments \$50; Group \$25
- Languages: Spanish. Call for others.
- Hours: M-F 8am-8pm; Sat 10am-4pm

Gestalt Institute

Various locations in SF & Bay Area (Oakland, Berkeley, Peninsula)

(415) 689-6422, www.bagisf.org

- Services: Individuals, Couples & Group therapy—all ages
- Fees: \$100, with Sliding Scale. Inquire.
- Languages: call for availability
- Hours: by appt 7 days a week

Greenlight Clinic

1808 Wedemeyer St. Suite B-10 The Presidio
(415) 742-4306 or hello@greenlightclinic.org
www.greenlightclinic.org

- Services: Short-term; Individual & Group therapy for clients 14-26yrs
- Fees: Free
- Languages: English only
- Hours: Mon-Thurs, 2pm-8pm

Grateful Heart Therapy Center

Various locations in SF & Bay Area (Berkeley, Concord, Oakland & other satellite locations)
(510) 394-5065

www.gratefulhearttherapy.org

- Services: Individual, Couples, Family & Group therapy- all ages
- Fees: Some reduced fee & sliding scale; standard fees \$50-\$140
- Languages: contact for availability
- Hours: by appointment /some therapists may offer tele-therapy

Haight Ashbury Psychological Services

3330 Geary Blvd. 2nd floor East wing
(415) 221-4211

www.hapsclinic.org

- Specializes in : Integrative Services: dynamic, CBT, DBT, mindfulness, etc
- Services: Individual, Couple & Group therapy
- Fees: Sliding scale \$20+

Jung Institute Low Fee Clinic

James Goodrich Whitney Clinic
2040 Gough St., (415) 771-8055 *205

www.sfjung.org

- Specialty: Jungian psychology
- Services: Individual & Couples –adults only
- Languages: Call for availability
- Fees: Sliding scale \$30-\$90
- Hours: 9am-9pm M-F

Liberation Institute

3150 18th St. & 1227A Folsom St.
(415) 606-5296 ext. 102 (**free consultation**)
Can also email info@liberationinstitute.org

www.liberationinstitute.org

- Services: Individual, Couples Family & Group therapy-all ages
- Fees: Sliding scale \$1+ (no one turned away for not being able to pay)
- Languages: contact for availability

Marina Counseling Center

2137 Lombard Street & 3150 18th St., SF
(415) 563-2137

www.marinacounseling.com

- Services: Individual, Couples, Family & Group therapy - adults & adolescents
- Fees: Sliding scale \$35-\$135
- Languages: Spanish, Mandarin
- Hours: 8am-9pm, 7 days a week

New Perspectives Centers for Counseling

5026 Geary Blvd. 3819 23rd St.
3976 24th St. 1 Hallidie Plaza, Suite 700
(415) 752-5275

<http://sfnewperspectives.org/>

- Services: Individual, Couples and Family & Group therapy- all ages
- Specialty: psychotherapy based in mindfulness; EMDR; substance abuse & recovery; gender identity & sexuality concerns; grief
- Group: DBT Skills Group for 21+
- Fees: Sliding scale
- Languages: English only currently
- Hours: 9am-8pm M-F; Sat 9-5pm

San Francisco Counseling Center

1801 Bush Street, Suite 215
(415) 440-0500 (**free consultation**)

www.sfcounselingcenter.com

- Services: Individual, Couples, Family & Group— all ages
- Fees: Sliding Scale \$50+
- Languages: call for availability
- Hours: call for availability

Queer Life Space

2275 Market St., SF, (415) 358-2000
www.queerlifespace.org

- Specialty: Working with the GLBTQI community.
- Services: Individual, Couples & Group therapy
- Fees: Sliding scale \$20+ 18-24 year olds can be seen for less if needed.
- Hours: M-F 9am-8pm, some weekend appts.

San Francisco Suicide Prevention

24-Hour Crisis Line for SF Bay Area
Outside SF: (800) 273-8255
Inside SF: (415) 781-0500
Free, confidential, and anonymous

Access Line for Medi-Cal recipients:

(415)-255-3737

On-Line Listings for Sliding Scale Therapists:

Open Path Collection: 1-800-268-2833

www.openpathcollective.org

Sliding scale: \$30-\$60 Individual; \$30-\$80 for couples or family/must start paying \$59 lifetime membership fee

