

## **Mental Health Community Resources**

**Call 9-1-1, Call SFSU DPS, or go to the nearest Emergency Room if you are having an immediate life-threatening emergency.**

- a. Westside Crisis.** 245 11<sup>th</sup> St. (at Kissling). **Call 415-355-0311 (24hrs)** or drop in M-F 8am-6pm, Saturday 9am-4pm. Culturally competent crisis and urgent care services (averaging 1-3 visits), referrals. For ongoing services, must be 18+ & SF resident. Crisis services open to ANY student, regardless to county of residence. 0\$-full bill. English, sometimes Spanish.
- b. OMI Family Center.** 1701 Ocean (at Faxon). **Call 415-452-2200.** For all San Franciscans aged 3-59. Open from M-F 8:30-5:00pm. Drop in hours from 9:45am-10:45am, schedule, screening and scheduling an intake interview. Group, family, and individual counseling, case management, medication management, information, and referrals. 0\$-full bill. English only.
- c. San Francisco County Access Line (Community Behavioral health Services—(CBHS)). (888) 246-3333 (toll-free) or 415-255-3737.** M-F 8am-5pm. Call for authorization and access to all mental health services offered by the City of San Francisco.
- d. California Pacific's Mental Health Clinic (<http://www.cpmc.org>)** 2323 Sacramento Street, second floor, San Francisco. For more information or to make an appointment please call **415-600-3247.**

**If you think you might be eligible for County mental health Services, call County Mental Health Access: (415) 255-3737 or 1-888-246-3333 or TDD 1-888-484-7200 (See the other side)**

**If you are in emotional crisis, your options are:**

**Before 5 pm:** call the Westside Crisis Clinic at (415) 353-5050.

**After 5 pm:** call Psychiatric Emergency Services, San Francisco General Hospital at (415) 206-8125 or go to the closest emergency room.

**Suicide Prevention & Mental Health Crisis 24/7 Hot Line**  
**415.781.0500**

## Mental Health Access Programs County Contact Information

*(some website info included, but BEST to CALL and speak to staff)  
CAVEAT: Every County has its own eligibility criteria &  
variety of services offered to its residents*

### Referrals

County	Additional Information <a href="#">County Mental Health Access Programs</a>
<b>Alameda</b> 1-800-491-9099	Medi-Cal Insurance or no insurance only (sliding scale)
<b>Contra Costa</b> 1-888-678-7277	Contra Costa Medi-Cal & No insurance only
<b>Marin</b> 1-888-818-1115	Assessment M-F 8am-5pm
<b>Napa</b> 1-800-648-8650	Medi-Cal Only; M-F 8am-5pm Screening apt. & medication; evaluation for hospitalization, full scope
<b>Sacramento</b> 1-888-881-4881	Medi-Cal & No insurance only; ADULTS only
<b>San Francisco</b> 1-888-246-3333	Outpatient medical-psychiatric /counseling ; Patient has to make intake call; staffed 24/7 SF Mental Health Chart
<b>San Mateo</b> 1-800-686-0101	Medi-Cal & No insurance only Provides info, assessment, consultations, & referrals for mental health services
<b>Santa Clara</b> 1-800-704-0900	Medi-Cal insurance & no insurance only
<b>Solano</b> 1-800-547-0495	Medi-Cal & no insurance only (sliding scale) for seriously ill & chronically mentally ill only
<b>Sonoma</b> 1-800-870-8786	Medi-Cal insurance only; for seriously & persistently mentally ill only 8am-5pm